1

The Search for Tomorrow in Today’s Soap Operas
Notes on a feminine narrative form

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In soap operas, the hermeneutic code predominates. ‘Will Bill find out that his wife’s sister’s baby is really his by artificial insemination? Will his wife submit to her sister’s blackmail attempts, or will she finally let Bill know the truth? If he discovers the truth, will this lead to another nervous breakdown, causing him to go back to Springfield General where his ex-wife and his illegitimate daughter are both doctors and sworn enemies?’ Tune in tomorrow, not in order to find out the answers, but to see what further complications will defer the resolutions and introduce new questions. Thus the narrative, by placing ever more complex obstacles between desire and its fulfillment, makes anticipation of an end an end in itself. Soap operas invest exquisite pleasure in the central condition of a woman’s life: waiting – whether for her phone to ring, for the baby to take its nap, or for the family to be reunited shortly after the day’s final soap opera has left its family still struggling against dissolution.

According to Roland Barthes, the hermeneutic code functions by making ‘expectation . . . the basic condition for truth: truth, these narratives tell us, is what is at the end of expectation. This design implies a return to order, for expectation is a disorder.’ But, as several critics have observed, soap operas do not end. Consequently, truth for women is seen to lie not ‘at the end of expectation’, but in expectation, not in the ‘return to order’, but in (familial) disorder.

As one critic of soap opera remarks, ‘If . . . as Aristotle so reasonably claimed, drama is the imitation of a human action that has a beginning, a middle, and an end, soap opera belongs to a separate genus that is entirely composed of an indefinitely expandable middle.’ The importance of this difference between classical drama and soaps cannot be stressed enough. It is not only that successful soap operas do not end, it is also that they cannot end. In *The Complete Soap Opera Book*, an interesting and lively work on the subject, the authors show how a radio serial forced off the air by television tried to wrap up its story. It was an impossible task. Most of the story-line had to be discarded, and only one element could be followed through to its end – an important example of a situation in which what Barthes calls the ‘discourse’s instinct for preservation’ has virtually triumphed over authorial control. Furthermore, it is not
simply that the story’s completion would have taken too long for the amount of time allotted by the producers. More importantly, I believe it would have been impossible to resolve the contradiction between the imperatives of melodrama – i.e. the good must be rewarded and the wicked punished – and the latent message of soaps – i.e. everyone cannot be happy at the same time. No matter how deserving they are. The claims of any two people, especially in love matters, are often simply mutually exclusive.

John Cawelti defines melodrama as having

at its center the moral fantasy of showing forth the essential ‘rightness’ of the world order. . . . Because of this, melodramas are usually rather complicated in plot and character; instead of identifying with a single protagonist through his line of action, the melodrama typically makes us intersect imaginatively with many lives. Subplots multiply, and the point of view continually shifts in order to involve us in a complex of destinies. Through this complex of characters and plots we see not so much the working of individual fates but the underlying moral process of the world.5

It is scarcely an accident that this essentially nineteenth-century form continues to appeal strongly to women, whereas the classic (male) narrative film is, as Laura Mulvey points out, structured ‘around a main controlling figure with whom the spectator can identify’.6 Soaps continually insist on the insignificance of the individual life. A viewer might at one moment be asked to identify with a woman finally reunited with her lover, only to have that identification broken in a moment of intensity and attention focused on the sufferings of the woman’s rival.

If, as Mulvey claims, the identification of the spectator with ‘a main male protagonist’ results in the spectator becoming ‘the representative of power’,7 the multiple identification which occurs in soap opera results in the spectator being divested of power. For the spectator is never permitted to identify with a character completing an entire action. Instead of giving us one ‘powerful ideal ego . . . who can make things happen and control events better than the subject/spectator can’,8 soaps present us with numerous limited egos, each in conflict with one another and continually thwarted in its attempts to ‘control events’ because of inadequate knowledge of other peoples’ plans, motivations, and schemes. Sometimes, indeed, the spectator, frustrated by the sense of powerlessness induced by soaps, will, like an interfering mother, try to control events directly:

Thousands and thousands of letters [from soap fans to actors] give advice, warn the heroine of impending doom, caution the innocent to beware of the nasties (‘Can’t you see that your brother-in-law is up to no good?’), inform one character of another’s doings, or reprimand a character for unseemly behavior.9

Presumably this intervention is ineffectual; and feminine powerlessness is reinforced on yet another level.

The subject/spectator of soaps, it could be said, is constituted as a sort of ideal mother: a person who possesses greater wisdom than all her children, whose sympathy is large enough to encompass the conflicting claims of her family (she identifies
The Soap Formula

Currently, twelve soap operas are shown daily, each half an hour or an hour long. The first goes on the air at about 10 a.m., and they run almost continuously until approximately 3.30 p.m. With the exception of Ryan’s Hope, which takes place in a big city, the soaps are set in small towns and involve two or three families intimately connected with one another. Families are often composed of several generations, and the proliferation of generations is accelerated by the propensity of soap characters to mature at an incredibly rapid rate; thus, the matriarch on Days of Our Lives, who looks to be about 65, has managed over the years to become a great-great-grandmother. Occasionally, one of the families will be fairly well to do, and another will be somewhat lower on the social scale though still, as a rule, identifiably middle class. In any case, since there is so much intermingling and intermarrying, class distinctions quickly become hopelessly blurred. Children figure largely in many of the plots, but they don’t appear on the screen all that often; nor do the very old. Blacks and other minorities are almost completely excluded.

Women as well as men frequently work outside the home, usually in professions such as law and medicine, and women are generally on a professional par with men. But most of everyone’s time is spent experiencing and discussing personal and domestic crises. Kathryn Weibel (see n. 11) lists ‘some of the most frequent themes’:

- the evil woman
- the great sacrifice
- the winning back of an estranged lover/spouse
- marrying her for her money, respectability, etc.
- the unwed mother
- deceptions about the paternity of children
- career vs. housewife
- the alcoholic woman (and occasionally man)
  (Weibel, p. 56).

Controversial social problems are introduced from time to time: rape was recently an issue on several soap operas and was, for the most part, handled in a sensitive manner. In spite of the fact that soaps contain more references to social problems than do most other forms of mass entertainment, critics tend to fault them heavily for their lack of social realism (on this point, see Edmondson and Rounds (n. 3), pp. 228–47). As for the fans, most insist on soap opera’s extreme lifelikeness and claim that the characters have to cope with problems very like their own.

with them all), and who has no demands or claims of her own (she identifies with no one character exclusively). The connection between melodrama and mothers is an old one. Harriet Beecher Stowe, of course, made it explicit in Uncle Tom’s Cabin,
believing that if her book could bring its female readers to see the world as one extended family, the world would be vastly improved. But in Stowe’s novel, the frequent shifting of perspective identifies the reader with a variety of characters in order ultimately to ally her with the mother/author and with God who, in their higher wisdom and understanding, can make all the hurts of the world go away, thus insuring the ‘essential “rightness” of the world order’. Soap opera, however, denies the ‘mother’ this extremely flattering illusion of her power. On the one hand, it plays upon the spectator’s expectations of the melodramatic form, continually stimulating (by means of the hermeneutic code) the desire for a just conclusion to the story, and, on the other hand, it constantly presents the desire as unrealizable, by showing that conclusions only lead to further tension and suffering. Thus soaps convince women that their highest goal is to see their families united and happy, while consoling them for their inability to bring about familial harmony.

This is reinforced by the image of the good mother on soap operas. In contrast to the manipulating mother who tries to interfere with her children’s lives, the good mother must sit helplessly by as her children’s lives disintegrate; her advice, which she gives only when asked, is temporarily soothing, but usually ineffectual. Her primary function is to be sympathetic, to tolerate the foibles and errors of others.

It is important to recognize that soap operas serve to affirm the primacy of the family not by presenting an ideal family, but by portraying a family in constant turmoil and appealing to the spectator to be understanding and tolerant of the many evils which go on within that family. The spectator/mother, identifying with each character in turn, is made to see ‘the larger picture’ and extend her sympathy to both the sinner and the victim. She is thus in a position to forgive most of the crimes against the family: to know all is to forgive all. As a rule, only those issues which can be tolerated and ultimately pardoned are introduced on soaps. The list includes careers for women, abortions, premarital and extramarital sex, alcoholism, divorce, mental and even physical cruelty. An issue like homosexuality which, perhaps, threatens to explode the family structure rather than temporarily disrupt it, is simply ignored. Soaps, contrary to many people’s conception of them, are not conservative but liberal, and the mother is the liberal par excellence. By constantly presenting her with the many-sidedness of any question, by never reaching a permanent conclusion, soaps undermine her capacity to form unambiguous judgements.

These remarks must be qualified. If soaps refuse to allow us to condemn most characters and actions until all the evidence is in (and of course it never is), there is one character whom we are allowed to hate unreservedly: the villainess, the negative image of the spectator’s ideal self. Although much of the suffering on soap operas is presented as unavoidable, the surplus suffering is often the fault of the villainess who tries to ‘make things happen and control events better than the subject/spectator can’. The villainess might very possibly be a mother, trying to manipulate her children’s lives or ruin their marriages. Or perhaps she is avenging herself on her husband’s family because it has never fully accepted her.

This character cannot be dismissed as easily as many critics seem to think. The extreme delight viewers apparently take in despising the villainess testifies to the enormous amount of energy involved in the spectator’s repression and to her (albeit unconscious) resentment at being constituted as an egoless receptacle for the
suffering of others. This aspect of melodrama can be traced back to the middle of the nineteenth century when *Lady Audley’s Secret*, a drama about a governess turned bigamist and murderess, became one of the most popular stage melodramas of all time. Discussing the novel upon which the stage drama was based, Elaine Showalter shows how the author, while paying lip-service to conventional notions about the feminine role, managed to appeal to ‘thwarted female energy’:

> The brilliance of *Lady Audley’s Secret* is that Braddon makes her would-be murdereress the fragile blond angel of domestic realism. . . . The dangerous woman is not the rebel or the blue-stocking, but the ‘pretty little girl’ whose indoctrination in the female role has taught her secrecy and deceitfulness, almost as secondary sex characteristics.

Thus the villainess is able to transform traditional feminine weaknesses into the sources of her strength.

Similarly, on soap operas, the villainess seizes those aspects of a woman’s life which normally render her most helpless and tries to turn them into weapons for manipulating other characters. She is, for instance, especially good at manipulating pregnancy, unlike most women, who, as Mary Ellmann wittily points out, tend to feel manipulated by it:

> At the same time, women cannot help observing that conception (their highest virtue, by all reports) simply happens or doesn’t. It lacks the style of enterprise. It can be prevented by foresight and device (though success here, as abortion rates show, is exaggerated), but it is accomplished by luck (good or bad). Purpose often seems, if anything, a deterrent. A devious business benefitting by indirection, by pretending not to care, as though the self must trick the body. In the regrettable conception, the body instead tricks the self – much as it does in illness or death.

In contrast to the numerous women on soap operas who are either trying unsuccessfully to become pregnant or have become pregnant as a consequence of a single unguarded moment in their lives, the villainess manages, for a time at least, to make pregnancy work for her. She gives it ‘the style of enterprise’. If she decides she wants to marry a man, she will take advantage of him one night when he is feeling especially vulnerable and seduce him. And if she doesn’t achieve the hoped-for pregnancy, undaunted, she simply lies about being pregnant. The villainess thus reverses male/female roles: anxiety about conception is transferred to the male. He is the one who had better watch his step and curb any promiscuous desires or he will find himself saddled with an unwanted child.

Moreover, the villainess, far from allowing her children to rule her life, often uses them in order to further her own selfish ambitions. One of her typical ploys is to threaten the father or the woman possessing custody of the child with the deprivation of that child. She is the opposite of the woman at home, who at first is forced to have her children constantly with her, and later is forced to let them go – for a time on a daily recurring basis and then permanently. The villainess enacts for the spectator a kind of reverse *fort-da* game, in which the mother is the one who attempts to send
the child away and bring it back at will, striving to overcome feminine passivity in the process of the child’s appearance and loss. Into the bargain, she also tries to manipulate the man’s disappearance and return by keeping the fate of his child always hanging in the balance. And again, male and female roles tend to get reversed: the male suffers the typically feminine anxiety over the threatened absence of his children.

The villainess thus continually works to make the most out of events which render other characters totally helpless. Literal paralysis turns out, for one villainess, to be an active blessing, since it prevents her husband from carrying out his plans to leave her; when she gets back the use of her legs, therefore, she doesn’t tell anyone. And even death doesn’t stop another villainess from wreaking havoc; she returns to haunt her husband and convince him to try to kill his new wife.

The villainess’s painstaking attempts to turn her powerlessness to her own advantage are always thwarted just when victory seems most assured, and she must begin her machinations all over again. Moreover, the spectator does not comfortably identify with the villainess. Since the spectator despises the villainess as the negative image of her ideal self, she not only watches the villainess act out her own hidden wishes, but simultaneously sides with the forces conspiring against fulfillment of those wishes. As a result of this ‘internal contestation’, the spectator comes to enjoy repetition for its own sake and takes her adequate pleasure in the building up and tearing down of the plot. In this way, perhaps, soaps help reconcile her to the meaningless, repetitive nature of much of her life and work within the home.

Soap operas, then, while constituting the spectator as a ‘good mother’ provide in the person of the villainess an outlet for feminine anger: in particular, as we have seen, the spectator has the satisfaction of seeing men suffer the same anxieties and guilt that women usually experience and seeing them receive similar kinds of punishment for their transgressions. But that anger is neutralized at every moment in that it is the special object of the spectator’s hatred. The spectator, encouraged to sympathize with almost everyone, can vent her frustration on the one character who refuses to accept her own powerlessness, who is unashamedly self-seeking. Woman’s anger is directed at woman’s anger, and an eternal cycle is created.

And yet . . . if the villainess never succeeds, if, in accordance with the spectator’s conflicting desires, she is doomed to eternal repetition, then she obviously never permanently fails either. When, as occasionally happens, a villainess reforms, a new one immediately supplants her. Generally, however, a popular villainess will remain true to her character for most or all of the soap opera’s duration. And if the villainess constantly suffers because she is always foiled, we should remember that she suffers no more than the good characters, who don’t even try to interfere with their fates.
Again, this may be contrasted to the usual imperatives of melodrama, which demands an ending to justify the suffering of the good and punish the wicked. While soap operas thrive, they present a continual reminder that woman’s anger is alive, if not exactly well.

We must therefore view with ambivalence the fact that soap operas never come to a full conclusion. One critic, Dennis Porter, who is interested in narrative structures and ideology, completely condemns soap operas for their failure to resolve all problems:

Unlike all traditionally end-oriented fiction and drama, soap opera offers process without progression, not a climax and a resolution, but mini-climax and provisional denouements that must never be presented in such a way as to eclipse the suspense experienced for associated plot lines. Thus soap opera is the drama of perepetia without anagnorisis. It deals forever in reversals but never portrays the irreversible change which traditionally marks the passage out of ignorance into true knowledge. For actors and audience alike, no action ever stands revealed in the terrible light of its consequences.18

These are strange words indeed, coming from one who purports to be analysing the ideology of narrative form! They are a perfect illustration of how a high-art bias, an eagerness to demonstrate the utter worthlessness of ‘low’ art, can lead us to make claims for high art which we would ordinarily be wary of professing. Terms like ‘progression’, ‘climax’, ‘resolution’, ‘irreversible change’, ‘true knowledge’, and ‘consequences’ are certainly tied to an ideology; they are ‘linked to classical metaphysics’, as Barthes observes. ‘The hermeneutic narrative, in which truth predicates an incomplete subject, based on expectation and desire for its imminent closure, is . . . linked to the kerygmatic civilization of meaning and truth, appeal and fulfillment.’19 To criticize classical narrative because, for example, it is based on a suspect notion of progress and then criticize soap opera because it isn’t will never get us anywhere – certainly not ‘out of ignorance into true knowledge’. A different approach is needed.

This approach might also help us to formulate strategies for developing a feminist art. Claire Johnston has suggested that such a strategy should embrace ‘both the notion of films as a political tool and film as entertainment’:

For too long these have been regarded as two opposing poles with little common ground. In order to counter our objectification in the cinema, our collective fantasies must be released: women’s cinema must embody the working through of desire: such an objective demands the use of the entertainment film. Ideas derived from the entertainment film, then, should inform the political film, and political ideas should inform the entertainment cinema: a two-way process.20

Clearly, women find soap operas eminently entertaining, and an analysis of the pleasure that soaps afford can provide clues not only about how feminists can challenge this pleasure, but also how they can incorporate it. For, outrageous as this assertion may at first appear, I would suggest that soap operas are not altogether at odds with a possible feminist aesthetics.
'Deep in the very nature of soaps is the implied promise that they will last forever.' This being the case, a great deal of interest necessarily becomes focused upon those events which retard or impede the flow of the narrative. The importance of interruptions on soap operas cannot be overemphasized. A single five-minute sequence on a soap opera will contain numerous interruptions both from within and without the diegesis. To give an example from a recent soap opera: a woman tries to reach her lover by telephone one last time before she elopes with someone else. The call is intercepted by the man’s current wife. Meanwhile, he prepares to leave the house to prevent the elopement, but his ex-wife chooses that moment to say she has something crucial to tell him about their son. Immediately there is a cut to another couple embroiled in an entirely different set of problems. The man speaks in an ominous tone: ‘Don’t you think it’s time you told me what’s going on?’ Cut to a commercial. When we return, the woman responds to the man’s question in an evasive manner. And so it goes.

If, on the one hand, these constant interruptions and deflections provide consolation for the housewife’s sense of missed opportunities, by illustrating for her the enormous difficulty of getting from desire to fulfilment, on the other hand, the notion of what Porter contemptuously calls ‘process without progression’ is one endorsed by many innovative women artists. In praising Nathalie Sarraute, for example, Mary Ellmann observes that she is not interested in the explicit speed of which the novel is capable, only in the nuances which must tend to delay it. In her own discussions of the novel, Nathalie Sarraute is entirely antiprogressive. In criticizing ordinary dialogue, she dislikes its haste: there not being ‘time’ for the person to consider a remark’s ramifications, his having to speak and to listen frugally, his having to rush ahead toward his object – which is of course ‘to order his own conduct’.

Soap opera is similarly antiprogressive. Just as Sarraute’s work is opposed to the traditional novel form, soap opera is opposed to the classic (male) film narrative, which, with maximum action and minimum, always pertinent dialogue, speeds its way to the restoration of order.

In soaps, the important thing is that there always be time for a person to consider a remark’s ramifications, time for people to speak and listen lavishly. Actions and climaxes are only of secondary importance. I may be accused of wilfully misrepresenting soaps. Certainly they appear to contain a ludicrous number of climaxes and actions: people are always getting blackmailed, having major operations, dying, conducting extramarital affairs, being kidnapped, going mad, and losing their memories. The list goes on and on. But just as in real life (one constantly hears it said) it takes a wedding or a funeral to reunite scattered families, so soap opera catastrophes provide convenient occasions for people to come together, confront one another, and explore intense emotions. Thus in direct contrast to the male narrative film, in which the climax functions to resolve difficulties, the ‘mini-climaxes’ of soap opera function to introduce difficulties and to complicate rather than simplify characters’ lives.

Furthermore, as with much women’s narrative (such as the fiction of Ivy Compton-Burnett, who strongly influenced Sarraute), dialogue in soap operas is an
enormously tricky business. Again, I must take issue with Porter, who says, ‘Language
here is of a kind that takes itself for granted and assumes it is always possible to mean
no more and no less than what one intends.’ More accurately, in soaps the gap
between what is intended and what is actually spoken is often very wide. Secrets better
left buried may be blurted out in moments of intensity, or they are withheld just when
a character most desires to tell all. This is very different from night-time television
programmes and classic Hollywood films with their particularly naïve belief in the
beneficence of communication. The full revelation of a secret on these shows usually
begins or proclaims the restoration of order. Marcus Welby can then get his patient to
agree to treatment; Perry Mason can exonerate the innocent and punish the guilty.
The necessity of confession, the means through which, according to Michel Foucault,
we gladly submit to power, is wholeheartedly endorsed. In soap operas, on the other
hand, the effects of confession are often ambiguous, providing relief for some of the
characters and dreadful complications for others. Moreover, it is remarkable how
seldom in soaps a character can talk another into changing his/her ways. Ordinarily,
it takes a major disaster to bring about self-awareness – whereas all Marcus Welby has
to do is give his stop-feeling-sorry-for-yourself speech and the character undergoes
a drastic personality change. Perhaps more than men, women in our society are aware
of the pleasures of language – though less sanguine about its potential as an instrument
of power.

An analysis of soap operas reveals that ‘narrative pleasure’ can mean very different
things to men and women. This is an important point. Too often feminist criticism
implies that there is only one kind of pleasure to be derived from narrative and that it
is essentially a masculine one. Hence, it is further implied, feminist artists must first
of all challenge this pleasure and then out of nothing begin to construct a feminist
aesthetics and a feminist form. This is a mistaken position, in my view, for it keeps us
constantly in an adversary role, always on the defensive, always, as it were, complain-
ing about the family but never leaving home. Feminist artists don’t have to start from
nothing; rather, they can look for ways to rechannel and make explicit the criticisms of
masculine power and masculine pleasure implied in the narrative form of soap operas.

One further point: feminists must also seek ways, as Johnston puts it, of releasing
‘our collective fantasies’. To the dismay of many feminist critics, the most powerful
fantasy embodied in soap operas appears to be the fantasy of a fully self-sufficient
family. Carol Lopate complains:

Daytime television . . . promises that the family can be everything, if only one is
willing to stay inside it. For the woman confined to her house, day-time television
fills out the empty spaces of the long day when she is home alone, channels her
fantasies toward love and family dramas, and promises her that the life she is in
can fulfill her needs. But it does not call to her attention her aloneness and isol-
ation, and it does not suggest to her that it is precisely in her solitude that she has a
possibility for gaining a self.

This statement merits close consideration. It implies that the family in soap operas is a
mirror-image of the viewer’s own family. But for most viewers, this is definitely not
the case. What the spectator is looking at and perhaps longing for is a kind of extended family, the direct opposite of her own isolated nuclear family. Most soap operas follow the lives of several generations of a large family, all living in the same town and all intimately involved in one another’s lives. The fantasy here is truly a ‘collective fantasy’ – a fantasy of community, but put in terms with which the viewer can be comfortable. Lopate is wrong, I believe, to end her peroration with a call for feminine solitude. For too long women have had too much solitude and, quite rightly, they resent it. In a thought-provoking essay on the family, Barbara Easton persuasively argues the insufficiency of feminist attacks on the family:

With the geographical mobility and breakdown of communities of the twentieth century, women’s support networks outside the family have weakened, and they are likely to turn to their husbands for intimacy that earlier generations would have found elsewhere.27

If women are abandoned to solitude by feminists eager to undermine this last support network, they are apt to turn to the right. People like Anita Bryant and Mirabel Morgan, says Easton, ‘feed on fears of social isolation that have a basis in reality’.28 So do soap operas. For it is crucial to recognize that soap opera allays real anxieties, satisfies real needs and desires, even while it may distort them.29 The fantasy of community is not only a real desire (as opposed to the ‘false’ ones mass culture is always accused of trumping up), it is a salutary one. As feminists, we have a responsibility to devise ways of meeting these needs that are more creative, honest, and interesting than the ones mass culture has come up with. Otherwise, the search for tomorrow threatens to go on, endlessly.

Notes
4 Barthes, S/Z, 135.
7 Ibid. 420.
8 Ibid.
9 Edmondson and Rounds, From Mary Noble to Mary Hartman, 193.
10 There are still villains in soap operas, but their numbers have declined considerably since radio days – to the point where they are no longer indispensable to the formula. The Young and the Restless, for example, does without them.

‘A soap opera without a bitch is a soap opera that doesn’t get watched. The more hateful the bitch the better. Erica of “All My Children” is a classic. If you want to hear some hairy rap, just listen to a bunch of women discussing Erica. “Girl, that Erica needs her tail whipped.” “I wish she’d try to steal my man and plant some marijuana in my purse. I’d be mopping up the street with her new hairdo.” ’ Bebe Moore Campbell, ‘Hooked on Soaps’, *Essence* (Nov. 1978), 103.

The author, Mary Elizabeth Braddon, belonged to the class of writers called by Charles Reade “obstacles to domestic industry.” Frank Rahill, *The World of Melodrama* (University Park: Pennsylvania Univ. Press, 1967), 204.


The game, observed by Freud, in which the child plays ‘disappearance and return’ with a wooden reel tied to a string. ‘What he did was to hold the reel by the string and very skillfully throw it over the edge of his curtained cot, so that it disappeared into it, at the same time uttering his expressive “o-o-o-o.” [Freud speculates that this represents the German word “fort” or “gone”.] He then pulled the reel out of the cot again by the string and hailed its reappearing with a joyful “da” [“there”].’ According to Freud, “Throwing away the object so that it was “gone” might satisfy an impulse of the child’s, which was suppressed in his actual life, to revenge himself on his mother for going away from him. In that case it would have a defiant meaning: “All right, then go away! I don’t need you. I’m sending you away myself.” ’ Sigmund Freud, *Beyond the Pleasure Principle*, trans. James Strachey (New York: W.W. Norton, 1961), 10–11.

Speaking of the child’s *fort-da* game, Freud notes, ‘At the outset he was in a passive situation – he was overpowered by experience; but by repeating it, unpleasurable though it was, as a game, he took on an active part. These efforts might be put down to an instinct for mastery that was acting independently of whether the memory was in itself pleasurable or not.’ *Beyond the Pleasure Principle*, 10.


Barthes, *S/Z*, 76.


Edmondson and Rounds, *From Mary Noble to Mary Hartman*, 112.


In a provocative review of *Scenes from a Marriage*, Marsha Kinder points out the parallels between Bergman’s work and soap operas. She speculates that the ‘open-ended, slow paced, multi-climaxed structure’ of soap operas is ‘in tune with patterns of female sexuality’ and thus perhaps lends itself more readily than other forms to the portrayal of feminine growth and developing self-awareness (*Film Quarterly* (Winter 1974–5), 51). It would be interesting to consider Kinder’s observation in the light of other works utilizing the soap opera format. Many segments of *Upstairs Downstairs*, for instance, were written by extremely creative
and interesting women (Fay Weldon, for one). The only disagreement I have with Kinder is over her contention that “The primary distinction between *Scenes from a Marriage* and soap opera is the way it affects us emotionally. . . . Instead of leading us to forget about our own lives and to get caught up vicariously in the intrigues of others, it throws us back on our own experience” (p. 53). But soap opera viewers constantly claim that their favourite shows lead them to reflect upon their own problems and relationships. Psychologists, recognizing the tendency of viewers to make comparisons between screen life and real life, have begun to use soap operas in therapy sessions (see Dan Wakefield, *All Her Children* (Garden City, New York: Doubleday & Company, 1976), 140–3). We may not like what soap operas have to teach us about our lives, but that they do teach and encourage self-reflection appears indisputable.

28 Ibid. 34.